

Learning walk: November 2020

By: Sharon Longmuir

Focus: PE

Area: How is the school adapting Sport and PE opportunities during Covid 19 restrictions to ensure maximum opportunities for skills development and physical exercise?

Observations	Evaluation
<p style="text-align: center;"><b>OWLS</b></p> <p>This term Owls are working on a topic of 'Ourselves'. They have PE lessons every Friday morning and they have been looking at 'Fun and Games' and 'Games from the past'. Topics such as these teach the children basic skills and also teach them games that they can then play independently in the playground. This topic also mean that games that we played as children are passed down the generations and not lost !!! The children have also been learning how to use some of our small equipment such as hoops, quoits, skipping ropes and bats and balls. Early Years children spend a good part of their day playing outside and as well as sharing the playground with the rest of the school they have their own small playground areas.</p> <p style="text-align: center;"><b>SQUIRRELS</b></p> <p>Squirrels PE is led by qualified sports coaches. In the first half of this term they have been focusing on athletics and movement skills and they are now moving onto new gymnastics and social dodgeball.</p> <p style="text-align: center;"><b>BADGERS</b></p> <p>Badgers PE is led by qualified sports coaches. This term they have been focusing on football and tag rugby and they are now moving onto new multi-skills and gymnastics.</p> <p style="text-align: center;"><b>WHOLE SCHOOL INITIATIVES</b></p> <p>Qualified sports coaches have been employed to lead 'active lunchtimes' 5 days a week. This has helped to develop the children's fitness and sports skills and also supported their playground behaviour as they have made the transition back to school.</p>	<p>Children in all year groups have opportunities during PE lessons and play to develop their sports skills and their fitness. In Key Stage 1 and 2 this is led by qualified sports coaches. There is clear progression through the Key Stages. Whole school initiatives have been successful in both helping the children with their transition back to school and giving maximum opportunity for skills development and exercise.</p>



During W/C 9<sup>th</sup> November, the whole school held a 'healthy living week', during which the children learned about all aspects of healthy living. Qualified sports coaches spent an afternoon with each class focusing on health and fitness.





**Overall Evaluation:** Sports and PE are areas of strength for the school; lessons cater for the children's needs and are planned to progress through the Key Stages. Active playtimes and whole school initiatives ensure that the skills and enjoyment of sport are continued.

**Areas for development:** When restrictions lift, the school needs to actively engage in inter-school sports, swimming and bikeability.